Annual International Conference on Islamic Education (AICIED)
P-ISSN 3032-2146, E-ISSN 3032-260X
Volume 2, January - December 2024
https://prosiding.iainponorogo.ac.id/index.php/aicied

Developing Religious Character Through The Habit Of Dhuha Prayer For Students Of Sdn 1 Sumber

Shinta Aulia Al Hawa[1], Muhammad Alfian Mustofa[2], Alfi Zakiyah[3], Kholishotul Hidayah Lailatul Munawaroh[4], Khoirun Nikmah[5]
[12345]Institut Agama Islam Negeri Ponorogo, Indonesia

ARTICLE INFO

Keywords:
Religious Character,
Dhuha Prayer

ABSTRACT

Globalization brings various challenges that can influence students' thinking patterns and behavior. In dealing with this phenomenon, cultivating religious character is very important, one of which is through getting used to the Dhuha prayer. This research aims to explore the formation of students' religious character through the practice of regular Dhuha prayers. The method used is descriptive qualitative research, with data collection techniques through interviews and observation. The subjects of this research included all students from grade 1 to grade 6 at SDN 1 Sumber, Purwantoro District, Wonogiri Regency. The results of the research show that the practice of Duha prayer has been implemented well in this school, where the majority of students carry it out voluntarily and with sincerity. This practice not only helps familiarize students with carrying out worship according to Islamic guidelines, but also increases self-discipline and awareness of the importance of prayer times. Overall, the implementation of the Dhuha prayer at SDN 1 Sumber has succeeded in forming and developing the religious character of students, making them more disciplined and religious in their daily lives.

Corresponding Author:
Shinta Aulia Al Hawa
Email: shintaauliaalhawa@gmail.com

INTRODUCTION

Developing religious character from an early age is an important effort in forming a generation that not only excels academically, but also has strong moral and spiritual integrity. The challenges of globalization can influence students' thinking patterns and

behavior. Students are often faced with the choice between doing work that leads to good or doing bad things that can lead them down. Currently, with the development of times and increasingly advanced technology, people are increasingly paying attention to gadgets, like to play with gadgets and forget prayer times and students are often influenced by content that is contrary to religious teachings.[1]

Seeing the existing phenomena, that is why cultivating religious character is very important, one of which is through getting used to the Dhuha prayer. Dhuha prayer is one of the sunnah prayers which has enormous value and priority in the Islamic religion. Performing this prayer consistently not only provides deep spiritual benefits, but also plays an important role in forming the character of students, especially in terms of discipline, consistency and responsibility. The habit of performing Duha prayers regularly helps students develop time discipline and perseverance in carrying out their duties. Apart from that, this practice of worship also strengthens their sense of responsibility towards religious obligations and daily life.[2] Apart from providing spiritual and moral benefits, the habit of performing Dhuha prayers also has a positive impact on the psychological development of students. Worship performed regularly, such as Duha prayer, can help reduce stress levels and improve psychological well-being in children. [3] SDN 1 Sumber has taken strategic steps by integrating dhuha prayers as a daily routine at school, which aims to instill deep religious values in every student. The habit of Dhuha prayer at school is not just a routine, but is also a strategic effort to instill religious values that will form a generation that is not only academically intelligent, but also has strong moral and spiritual integrity. The purpose of this article is to determine the religious character of students through the habit of praying Dhuha.

---

[1] Rizal Bachruddin, Astuti Darmiyanti, and Ferianto, "Pembinaan Karakter Religius Melalui Pembiasaan Sholat Dhuha Pada Peserta Didik Di SDN Pasirkamuniung I," *Al-Afkar, Journal For Islamic Studies* 6, no. 2 (April 23, 2023): 111–20, https://doi.org/10.31943/afkarjournal.v6i2.525.

[2] Linda Manggala Dewi, Didik Iswahyudi, and Ludovikus Bomans Wadu, "Pembentukan Nilai Karakter Dalam Pembelajaran Dalam Jaringan Sebagai Penunjang Karakter Disiplin Di Sekolah Dasar," *Sistem-Among : Jurnal Pendidikan Sekolah Dasar* 3, no. 2 (October 16, 2023): 66–72, https://doi.org/10.56393/sistemamong.v3i2.1792.

[3] Desi Intan Romadhona and Supriyadi Supriyadi, "INTERNALISASI NILAI-NILAI KARAKTER RELIGIUS SISWA BERBASIS PENERAPAN PENDIDIKAN AL-ISLAM DAN KEMUHAMMADIYAHAN DI SEKOLAH MUHAMMADIYAH," *Pendas : Jurnal Ilmiah Pendidikan Dasar* 8, no. 2 (September 28, 2023): 5157–70, https://doi.org/10.23969/jp.v8i2.9823.

RESEARCH METHOD

The method used by researchers in this research is using a qualitative approach with the type of research used being descriptive, to find out the results of this research the researcher must come to the research location. The data collection procedures used are through interview techniques and observation techniques in order to obtain research results that comply with procedures and get the right answers. This research was conducted at SDN 1 Sumber, Purwantoro District, Wonogiri Regency. The subjects in the research were all students from grades one to six. Interviews and observations were carried out to find out in detail the development of religious character through the habit of Duha prayer. The collected data is analyzed using interactive analysis techniques, the data that has been collected will be reduced, then the reduced data will be presented or displayed, and finally conclusions are drawn.

RESULT AND DISCUSSION

Religious Character

Religious character is a positive character that every human being must have. According to the language, character comes from English, namely character, which means nature, disposition, character, personality and morals. Meanwhile, the term religious comes from the basic word religion which is interpreted as religion or belief in the existence of a natural power above humans. Meanwhile, religious comes from the word religious, which means the religious nature that exists and is inherent in the individual. According to Gunawan, religious character is closely related to God Almighty, which includes thoughts, words and actions that are always based on divine values and religious teachings.[4] So religious character can be interpreted as human character or personality which is always based on religious teachings. Make religion a role model, both in every word, attitude and deed.

This religious character is very important and is really needed by students in facing current developments. Therefore, students are expected to be able to have personality and behave according to standards of good and bad based on religious provisions and regulations. So, to make this happen, educators or teachers are needed who can be good examples for students. There are three things that can support the formation

[4] Heri Gunawan, *Pendidikan Karakter Konsep Dan Implementasi* (Bandung: Alfabeta, 2014), 44.

of religious character, namely family, school and environment. These three things have a big influence on the formation of children's character.

The cultivation of religious character in children can be developed through three models of character education, namely integrated in subjects, culture at school, and extracurricular. First, character cultivation through integration in subjects, in this case subjects that focus on cultivating religious character, namely PAI subjects. However, in other subjects there is also the right to insert character education for students. So that all existing aspects can support each other and have the same goal. Second, instilling religious character through the culture in schools. School culture can also be said to be the rules that exist in the school and must be obeyed by all school members. So, gradually these rules will become good habits that are ingrained in the individual. For example, the culture or habit that must be carried out by all students at school is the Dhuha prayer at the mosque. Third, cultivating religious character through extracurricular activities, for example in Duha prayer, reading Asmaul Husna, reading and writing the Koran and so on.[5]

HABIT OF DHUHA PRAYER

Habit is defined as an action that is repeated and carried out every day. Habituation is a process that makes it easier for someone to get used to it so that the behavior displayed can occur naturally without there is planning or thinking.[6] Thus, habituation is a method used by a person repeatedly to get used to an attitude and behavior towards other people, so that this habit will always be ingrained in a person and will remain valid in his life.

Dhuha means the time of sunrise or morning when the sun rises. Dhuha prayer is a Sunnah prayer which is performed from sunrise until before noon time and can be done independently or in congregation. Dhuha prayer means that it is done before starting morning activities, asking for blessings in the form of calm, peace and ease in studying.[7]

Instilling the habit of Duha prayer in children is very important. Instilling habits

---

[5] Yahya MOF and Willy Ramadan, *Implementasi Pendidikan Karakter Religius Di SMA SeKalimantanSelatan* (Banjarmasin: Antasari Press, 2019), 14.

[6] Lyna Dwi Muya Syaroh and Zeni Murtafiati Mizani, "Membentuk Karakter Religius Dengan Pembiasaan Perilaku Religi Di Sekolah: Studi Di SMA Negeri 3 Ponorogo," *Indonesian Journal of Islamic Education Studies (IJIES)* 3, no. 1 (August 15, 2020): 63–82, https://doi.org/10.33367/ijies.v3i1.1224.

[7] Titing Umikar, Ahmad Subekti, and Qurroti A'yun, "PEMBIASAAN SHOLAT DHUHA DALAM PEMBENTUKAN KARAKTER RELIGIUS SISWA DI MADRASAH TSANAWIYAH AHMAD YANI JABUNG MALANG," *Vicratina : Jurnal Ilmiah Keagamaan* 6, no. 4 (July 18, 2021): 213–19.

in children is also not an easy thing, especially since these habits are habits that have positive value. Instilling positive habits in children takes quite a long time. However, if these positive habits are ingrained in the child and have become habits, then they will not be easy to change or eliminate. Children will do it consciously without any coercion from parents or other people, because they are used to doing this routine.

For example, a child whose parents have been trained from a young age to pray five times a day, fast, recite the Koran, help each other, share and so on. So, the child will continue to practice it until he grows up and even gets old and dies. By applying habituation directly to children, without us realizing it, we have taught children about discipline in carrying out and completing activities. As for existence This habituation aims to enable children to carry out things, whether in the form of religious teachings or other things, consistently.

Developing Religious Character Through The Habit Of Dhuha Prayer For Students At SDN 1 Sumber

Religious character development is an effort to achieve noble behavior and noble morals through formal and non-formal education. This aims to create a human life that has a good vertical relationship with God and a good horizontal relationship with fellow humans in their life.[8] Religious character values can be seen from the qualities of trustworthiness, pious deeds, faith and piety, gratitude, sincerity, honesty, steadfastness, humility and patience.[9]

Providing religious values to students at school can be done through various activities of a religious nature. Religious activities can familiarize students with religious behavior in their environment. By getting students used to behaving religiously in the school environment, their actions and behavior are in accordance with applicable rules, morals and ethics. By carrying out religious activities, students can instill and improve their character so that they always remain carry out actions and deeds that are in accordance with morals and ethics wherever you are.[10]

---

[8] Desi Suniarti, "PEMBINAAN KARAKTER RELIGIUS MELALUI PEMBIASAAN SHALAT DHUHA DAN TAHFIDZ AL- QURAN PADA SISWA DI MADRASAH TSANAWIYAH NEGERI 1 KOTA BENGKULU" (masters, IAIN BENGKULU, 2019), http://repository.iainbengkulu.ac.id/4241/.

[9] Rifatus Sholikhah Zahroh and Yuli Salis Hijriyani, ..."...(LENGKAPI LEMBAR PERSETUJUAN PUBLIKASI, UPLOAD ULANG)...Internalisasi Nilai Karakter Religius Melalui Sholat Dhuha Bagi Anak Usia Dini Di TKIT 1 Qurrota A'yun Ponorogo" (diploma, IAIN Ponorogo, 2022), https://etheses.iainponorogo.ac.id/20587/.

[10] Ahmad Ma'ruf, "IMPLEMENTASI PEMBIASAAN SHOLAT DHUHA UNTUK MENINGKATKAN PEMBELAJARAN RELIGIUS DI SMA MA'ARIF LAWANG MALANG," *Journal*

One of the processes of character building of students can be implemented through habituation activities. Religious activities such as habituation activities taught at school can be used as a routine for students. SDN 1 Sumber is a form of formal education that implements religious habituation activities for students. The habits taught at SDN 1 Sumber include getting used to praying Dhuha before class starts.

In the activity of getting used to the Dhuha prayer, students can perform the Dhuha prayer according to the time, namely 07.00 and according to the schedule, the Dhuha prayer activity is held every Tuesday, Wednesday and Thursday after the school bell and the place of implementation is at the mosque. This Dhuha prayer habituation activity was carried out by all students at SDN 1 Sumber. Before carrying out the Dhuha prayer, students line up in an orderly queue while performing ablution. Queuing in an orderly manner is a good trait and should always become a habit.

Most students are able to perform the Duha prayer without any coercion or encouragement and can do it sincerely. At first the students performed the Duha prayer because of orders from the teacher, but over time the students had awareness and did it sincerely. As is the case with lower class students such as grades 1, 2 and 3, they still need guidance and direction from the teacher, but over time students will do it sincerely.

Students can now perform the dhuha prayer according to Islamic law. At SDN 1 Sumber, the dhuha prayer is carried out in two rak'ahs. Before the dhuha prayer begins, the teacher first reads the intention of the dhuha prayer and other prayer readings. One of the obstacles in implementing the habit of Duha prayer is that some lower class children are still not perfect in their prayer movements and there are those who don't focus when praying. So there needs to be several teachers who observe the students' prayer movements to justify their imperfect prayer movements. After completing the Dhuha prayer activities, students read together the prayer after the Dhuha prayer and read a short letter.

This habit will certainly familiarize students and motivate students to start praying correctly, both reading and movement, according to Islamic guidance. Instilling the habit of Duha prayer can increase self-discipline and pay attention to very important prayer times. So schools have an important role in shaping students' personalities. Therefore, it

---

Multicultural of Islamic Education 5, no. 2 (April 29, 2022): 192–98, https://doi.org/10.35891/ims.v6i2.3232.

is hoped that the Dhuha prayer habituation program can be a means of developing good character, especially religious character, in students. This program is clear evidence of the school's efforts to build a strong moral foundation from an early age, which it is hoped will continue to grow and become a guide for life for students in the future.

CONCLUSION

Religious character can be interpreted as human character or personality which is always based on religious teachings. This religious character is very important and is really needed by students in facing current developments. So educators or teachers are needed who can be good examples for students. The habit of praying Duha is one of the formations of religious character. Dhuha prayers at SDN 1 Sumber are held every Tuesday, Wednesday and Thursday every week. Although in its implementation there are still obstacles such as some children who are not yet fluent in reading and prayer movements and are busy alone with their friends next to them. However, in reality, the implementation of the Dhuha prayer at SDN 1 Sumber is good and can develop religious character in students**.**

REFERENCES

Bachruddin, Rizal, Astuti Darmiyanti, and Ferianto. "Pembinaan Karakter Religius Melalui Pembiasaan Sholat Dhuha Pada Peserta Didik Di SDN Pasirkamuniung I." *Al-Afkar, Journal For Islamic Studies* 6, no. 2 (April 23, 2023): 111–20. https://doi.org/10.31943/afkarjournal.v6i2.525.

Dewi, Linda Manggala, Didik Iswahyudi, and Ludovikus Bomans Wadu. "Pembentukan Nilai Karakter Dalam Pembelajaran Dalam Jaringan Sebagai Penunjang Karakter Disiplin Di Sekolah Dasar." *Sistem-Among : Jurnal Pendidikan Sekolah Dasar* 3, no. 2 (October 16, 2023): 66–72. https://doi.org/10.56393/sistemamong.v3i2.1792.

Ma'ruf, Ahmad. "IMPLEMENTASI PEMBIASAAN SHOLAT DHUHA UNTUK MENINGKATKAN PEMBELAJARAN RELIGIUS DI SMA MA'ARIF LAWANG MALANG." *Journal Multicultural of Islamic Education* 5, no. 2 (April 29, 2022): 192–98. https://doi.org/10.35891/ims.v6i2.3232.

Romadhona, Desi Intan, and Supriyadi Supriyadi. "INTERNALISASI NILAI-NILAI

KARAKTER RELIGIUS SISWA BERBASIS PENERAPAN PENDIDIKAN AL-ISLAM DAN KEMUHAMMADIYAHAN DI SEKOLAH MUHAMMADIYAH." *Pendas : Jurnal Ilmiah Pendidikan Dasar* 8, no. 2 (September 28, 2023): 5157–70. https://doi.org/10.23969/jp.v8i2.9823.

Suniarti, Desi. "PEMBINAAN KARAKTER RELIGIUS MELALUI PEMBIASAAN SHALAT DHUHA DAN TAHFIDZ AL- QURAN PADA SISWA DI MADRASAH TSANAWIYAH NEGERI 1 KOTA BENGKULU." Masters, IAIN BENGKULU, 2019. http://repository.iainbengkulu.ac.id/4241/.

Syaroh, Lyna Dwi Muya, and Zeni Murtafiati Mizani. "Membentuk Karakter Religius Dengan Pembiasaan Perilaku Religi Di Sekolah: Studi Di SMA Negeri 3 Ponorogo." *Indonesian Journal of Islamic Education Studies (IJIES)* 3, no. 1 (August 15, 2020): 63–82. https://doi.org/10.33367/ijies.v3i1.1224.

Umikar, Titing, Ahmad Subekti, and Qurroti A'yun. "PEMBIASAAN SHOLAT DHUHA DALAM PEMBENTUKAN KARAKTER RELIGIUS SISWA DI MADRASAH TSANAWIYAH AHMAD YANI JABUNG MALANG." *Vicratina : Jurnal Ilmiah Keagamaan* 6, no. 4 (July 18, 2021): 213–19.

Zahroh, Rifatus Sholikhah, and Yuli Salis Hijriyani. ..."...(LENGKAPI LEMBAR PERSETUJUAN PUBLIKASI, UPLOAD ULANG)...Internalisasi Nilai Karakter Religius Melalui Sholat Dhuha Bagi Anak Usia Dini Di TKIT 1 Qurrota A'yun Ponorogo." Diploma, IAIN Ponorogo, 2022. https://etheses.iainponorogo.ac.id/20587/.